

Dear Member/Parent,

### **ANNUAL SUBSCRIPTIONS 2015**

Following the Club's Annual General Meeting on 28th January, and subsequent Special General Meeting on 11 February, 2015, I write to advise that subscription levels for the coming year remain unchanged.

In line with club requirements, where every member and/or parent is required to take an active interest in the club, you will also be required to complete the club **ASSISTANCE FORM**.

The completion of the Assistance form has been a requirement of membership for several years and, in this time, approximately 65% of our members/parents have been able to assist in one of their chosen areas and we would like to thank all for their efforts. This assistance greatly helps the committee in the smooth running of the club and its activities. It is the intention that everyone contributes in one way or another. However, the collation of the forms etc can take time and we would, therefore ask, that in addition to completing the Assistance Form, you contact any committee member, to discuss your chosen areas of interest. Details of the committee members can be found on the club website [www.falkirkvics.com](http://www.falkirkvics.com), alternatively, simply email [enquire@falkirkvics.com](mailto:enquire@falkirkvics.com) and your details will be passed on.

We are particularly keen to engage members aged 16-25, as it is around this age that you should be taking a more active interest in the running of your club. Volunteering will look good on a C.V. and the club will consider funding relevant courses.

The club's efforts to engage all members/parents, to provide assistance with its various activities, has been recognised by Scottish Athletics, who recommend this approach in their examples of Good Practices advice to clubs.

It should also be advised, that any funding the club provides, to support its members for participation in National Championships, takes into account the level of assistance provided by the member to the club.

In order that the club and its coaches can comply with current welfare requirements, **coaches are required to endorse applications for junior members by signing their membership form**. Each coach will only be able to endorse membership applications for athletes currently within their group and up to the maximum number currently permitted. Places within groups, will therefore, be limited by the amount of assistance within any group. If you can assist a coach in anyway, please discuss this with them and indicate accordingly on the **ASSISTANCE FORM**.

Many thanks

Caroline Lawless  
Treasurer